

press release

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Humana Ensuring Young Adults Have No Gap In Health Coverage Before Provision Of Health Reform Law Takes Effect

Dependent-care provision of health reform law enables young adults to remain on parents' health plans until age 26

LOUISVILLE, Ky. – April 19, 2010 – Humana Inc. (NYSE: HUM) announced today that it will extend health insurance coverage for young adults currently covered by their parents' Humana health plans during what otherwise could have been a gap in their coverage.

Young adults whose Humana coverage would have ended at some point this spring or summer now qualify for coverage on their parents' or guardians' plans until they turn 26. Although the dependent-care provision of the new health reform law takes effect on September 23, 2010, Humana will provide uninterrupted coverage for these young adults this year.

“We believe this decision will provide not just extended health insurance coverage but also some peace of mind for our Humana members and their adult children who are Humana members,” said Bill Tait, vice president of sales and market operations for Humana. “Now, young adults who are finishing college or just beginning to look for a job in such a competitive environment won't have to worry that they'll lose their health coverage.”

With the new dependent-care requirement not taking effect until September 23, 2010, some college graduates and other young adults faced a gap in their coverage. Humana will ensure that these young adults who are currently Humana members will have uninterrupted coverage this year.

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The decision by Humana directly impacts the adult children of members who are enrolled in Humana's fully insured lines of business. (Children of members enrolled in a HumanaOne individual health plan have already been able to remain on their parents' or guardians' coverage until age 26.) Humana is also encouraging large employers who self-fund their coverage with Humana to extend coverage to the adult children of their employees who would otherwise lose their coverage this year.

About Humana

Humana Inc., headquartered in Louisville, Kentucky, is one of the nation's largest publicly traded health and supplemental benefits companies, with approximately 10.3 million medical members and approximately 7.2 million specialty-benefit members.

Humana is a full-service benefits-solutions company, offering a wide array of health and supplementary benefit plans for employer groups, government programs and individuals.

Over its 49-year history, Humana has consistently seized opportunities to meet changing customer needs. Today, the company is a leader in consumer engagement, providing guidance that leads to lower costs and a better health plan experience throughout its diversified customer portfolio.

More information regarding Humana is available to investors via the Investor Relations page of the company's Web site at <http://www.humana.com>, including copies of:

- Annual reports to stockholders
- Securities and Exchange Commission filings
- Most recent investor conference presentations
- Quarterly earnings news releases
- Replays of most recent earnings release conference calls

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- Calendar of events (includes upcoming earnings conference call dates and times, as well as planned interaction with research analysts and institutional investors)
- Corporate Governance Information

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